

Hi Everyone,

Some great results around the club this week! WELL DONE to all teams 😊

**Goal a thon** - Make sure you fill your tally sheet with willing sponsors and complete as many drills as possible at training! Remember, it's not a competition, just a fun way for you to complete the drill as many times as you can AND raise some much needed money for our club!!! A few training sessions have been 'rained-out', so you can do the Goal-a-thon next week or the week after. Let's target to have it all done by the 21<sup>st</sup> August.

**Who will be our first Strikers Superstar?**

**TEAM PHOTOS** - 15<sup>th</sup> & 18<sup>th</sup> August - Details on the website. Please check your time slot and arrive 15mins before the session. Money payable on the day. Please see you Team manager for a payment envelope 😊

**"Adults Night Out"** – ALL PARENTS & FRIENDS 😊

Saturday 22<sup>nd</sup> August – Ballam Park 8pm start.

Entry \$10p/head or \$15p/couple (Tickets available **NOW** - see your team manager)

**Great Band, Delicious spit roast meat rolls available and Drinks at the bar** 😊

Feedback Page – email in your feedback to [editor@peninsula.org.au](mailto:editor@peninsula.org.au). Have your say about our club.

#### **This Issue:**

- Match Reports – Team Managers/ Coaches/Interested Parents – please put together a short report from each week's game and email to us: [editor@peninsula.org.au](mailto:editor@peninsula.org.au) by Tuesday 11pm. Great way to feedback results each week to all at the club.
- Inspirational quotes
- Coach's corner – We hope you are enjoying the coach's corner segment, and are more informed about the positions on the soccer pitch. We should acknowledge the material from this segment has come from: [www.soccer-training-guide.com](http://www.soccer-training-guide.com)
- Goal a thon Flyer – Ask your team manager for details and a tally sheet.
- Senior Strikers Update.
- Summary of last round's results and the upcoming round this weekend.

Overall remember to have fun, play hard but fair and support your fellow team mates.

Have a great round everyone 😊

Yours in Soccer, Grant and **Kathy** (Editors)

## Match Reports – Round 14

### 12A Girls

Sandringham City 8 v **Peninsula 0**

A brilliant display from the Sandringham girls not only left us in awe but showed us what we need to do to play like true winners.

Sandringham split us apart through the midfield and exploited our lack of marking, to leave Tash no chance of stopping their 4 goals in the first half. With no attacking opportunities at all, our defenders certainly had a tough workout today.

The second half showed signs of improvement with a nice opportunity created by Georgina...but there wasn't much more after that.

Our defending let us down this morning, but that's the game we play, some you win, some you lose, as long as you never give up, and we certainly never gave up today.

Well done to Tash & Lauren for stepping up to goalkeeping duties today, a tough assignment against an impressive side, you did your team proud.

Great games, from our 2 best team players today, Georgina & Lauren.

**I hope to see everyone at training this week so we can put this week behind us for a fresh start against Banyule.**

## **UNDER 11 KANGAROO REDS**

Bentleigh Greens 1 v **Peninsula Strikers 4**  
(Round 1 - **Peninsula Strikers 2** v Bentleigh Greens 0)

**REDS RETAIN 4<sup>TH</sup> SPOT & REMAIN 2 GAMES CLEAR OF NEAREST RIVALS**  
**Scorers: Tom Caballero 2, Jack Moore 1, Troy Seeley 1**

It was fantastic to again see our team sharing the ball around & being rewarded for their efforts at Bentleigh Greens home ground on the weekend.

Once again our team turned up ready to play & it's very pleasing to see the continued improvement as a team this season. Captain Tom Caballero won the toss & decided to kick with the breeze in the 1<sup>st</sup> half paying dividends from the first whistle, with Tom himself score 2 early goals, to set the trend for the day.

Our Midfield continues to strengthen each week retaining their form & supporting our forwards throughout the game, however this week we saw an overlapping RCM midfielder doing the damage & that of a full back lurking just outside the box being rewarded for their efforts.

Over the past few weeks we have seen that playing as a team is rewarded, with many different players scoring the goals to gain the points, fantastic to see Lads.

Over the next 3 weeks, our team will come up against 3 teams positioned above us on the ladder at Ballam Park. I'm sure that with poise, teamwork & enthusiasm that we can turn around our 1<sup>st</sup> round results against them & continue to climb the ladder, this is all up to you team, give it your best shot

**“YOU CAN DO IT”.**

## **U14B**

A solid performance from all departments of the team produced a great home win against Casey Comets on the lower pitch at Ballam Park.

**Final Result:** PSJFC U14B 8 Casey Comets 1  
**Goal Scorers:** Duncan Crowe (2), Conor Zyskowski (4),  
Joel Wilson (2)  
**Strong performers:** Reuben Slade, Duncan Crowe, Daniel Methakul, Conor Zyskowski

At this stage of the season every result has to be played for irrespective of the relative strengths of the opposition and their positions on the ladder. It was pleasing to see how the U14B team took to the field in such a positive frame of mind despite still having a number of key players absent from the team sheet.

An early opening goal from Duncan Crowe set the scene on the lower pitch at Ballam Park. This was followed with two goals from Conor Zyskowski to give Strikers a 3 goal advantage within 15 minutes of the start of the game.

Casey hit back with a single goal midway through the half but the continued pressure from our midfield allowed the ever present Joel Wilson to tuck away a further two goals late in the half.

The 5:1 lead at half time allowed the Strikers team plenty of breathing space in the second half and it was pleasing to see the defenders being involved in constructing attacking moves from within our own half. A penalty was awarded in our favour early in the half following a good cross from Joel Wilson but Conor was not able to convert from 'the spot'. Duncan gained his second goal of the match with a shot at the near post to take the score to 6:1. Conor sealed the victory with two goals late in the half to make the final score line 8:1.

**This was a great team effort. Well done!**

## INSPIRATIONAL QUOTES

### Quote of the week from - Briana Scurry

Briana (born September 7, 1971 in Minneapolis, Minnesota), was the starting goalkeeper for the United States Women's national soccer team at the 1995 World Cup, where they came 3rd place. Her list of achievements include: 1996 Olympics (gold medal), 1999 World Cup (champions), 2003 World Cup (3rd place) and 2004 Olympics (gold medal).

She was a founding member of the WUSA, playing three seasons as starting goalkeeper for the Atlanta Beat (2001-2003).

She has made 167 international appearances which is the eleventh most of any American woman, and the eighteenth most among all women.

Among goalkeepers, only Bente Nordby of Norway has more caps, with 171.

*A champion is someone who does not settle for that day's practice, that day's competition, that day's performance. They are always striving to be better. They don't live in the past.*

*Briana Scurry*

**And two more.....**

**Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do.**

**Pele**

**Fail to prepare, prepare to fail.**

**Roy Keane**



## **Soccer Passing Guide**

Mastering the art of soccer passing is a must if you want to perform well as a soccer player. Without good passing skills your time on the field will be short. Passing is so simple but still so difficult. It may look simple when professional players find each other with long and precise passes, but these players have spent thousands of hours on a soccer field practicing soccer passing. You should always try to pass the ball simple.

With simple I mean that passing the ball to a nearby standing teammate should always be your first option (but don't pass the ball if he/she is marked by an opponent). Of course you will get credit from teammates when you find them with 40 yard passes, but always try to pass the ball to your nearest teammate.

Providing your teammates with quality passing especially when you are under pressure is also a moment where you need to be calm and try to find an easy solution. In order to become good at passing, you also need to become familiar with the different type of passes, and the various ways in which they are used...

### **Push Pass**

In soccer, the most frequently used pass is the push pass. This pass is easy to learn and you will know how to perform a push pass correctly just after few training sessions, but to master it you will need to practice a lot more.



### **Wall Pass**

The wall pass, also known as the give and go and one two pass, is a tactic that many sports use. In fact, the wall pass is the most basic one of all offensive tactics but is still very effective when used in the right situations.



**Chip Pass**

The chip pass is performed by a jabbing motion down & under the ball to get it up into the air. With a chip pass the ball will get a backspin which will slow down the speed of the ball when it lands on the ground.



**Backward Pass**

The backward pass is very effective when you have the opponent's goal behind you. This type of pass is performed by kicking the ball with the heel or the sole of your kicking foot.



**Passing into Space**

Passing into space is used frequently when the game is played at high speed. The player without the ball must provide a passing option for the ball holder by running into space. If you are the ball carrier, you must look around you and keep an eye on movement and runs by your teammates.





Dribble-a-thon  
&  
Goal-a-thon



During training in the first week of August, all players will take part in special drills designed to test their dribbling and goal-scoring skills.

The players have been given sponsorship forms to ask family and friends to sponsor them for this event. We ask that you would encourage your child to take part, enjoy the special event at training and help raise some much needed funds for our club, Peninsula Strikers Junior FC.

## R U a Strikers Superstar?

The player raising the most for the club will be recognized as our first "Strikers Superstar"



**PENINSULA STRIKERS SENIORS UPDATE.....**

Our senior boys **WON** against noble Park Utd last week - **3/2**  
**WOOHOOOO!!!! WELL DONE GUYS!!!**

**Strikers are now sixth on 26pts**

**THIS WEEK -**

**Round 19 - Saturday August 15th**

**Strikers V Sandringham City**

R.J. Sillitoe Reserve

Cnr Olive & Ludston St , Hampton

MEL REF: 77 A5

Kick Off - Reserves 1pm & Seniors 3pm.

Head on down and support our SENIOR boys 😊

**Football Federation Victoria - Mens State League Div 3 South-East**

Rank	Team	P	W	D	L	F	A	GD	Points
1	Berwick City	18	10	4	4	31	16	15	<b>34</b>
2	Southern Suburbs	18	8	8	2	26	14	12	<b>32</b>
3	Noble Park Utd	18	9	4	5	39	34	5	<b>31</b>
4	Nunawading City	18	7	6	5	23	15	8	<b>27</b>
5	Springvale City	17	7	6	4	28	23	5	<b>27</b>
6	Peninsula Strikers	18	7	5	6	30	29	1	<b>26</b>
7	Brandon Park	18	6	6	6	23	19	4	<b>24</b>
8	North Caulfield	18	5	6	7	20	23	-3	<b>21</b>
9	Waverley Wanderers	18	4	8	6	16	21	-5	<b>20</b>
10	Croydon City Arrows	18	3	8	7	16	23	-7	<b>17</b>
11	Sandringham City	18	4	3	11	20	41	-21	<b>15</b>
12	Boroondara Eagles	17	4	2	11	18	32	-14	<b>14</b>

**ROUND 14 - RESULTS**

South 10 Joeys n (Sat)	14	8 Aug 09 9:00AM	<b>Peninsula 1</b>	-	<b>Peninsula 3</b>	Ballam Park
SSF South 10 Kangaroo Green (Sat)	14	8 Aug 09 9:00AM	<b>Peninsula 2</b>	-	Baxter	Ballam Park
SSF South 10 Kangaroo Red (Sat)	14	8 Aug 09 9:00AM	<b>Peninsula 1</b>	-	<b>Peninsula 2</b>	Ballam Park
SSF South 10 Kangaroo Green (Sat)	14	8 Aug 09 10:00AM	Mornington 1	-	<b>Peninsula 1</b>	Dallas Brooks Park
SSF South 10 Joeys Red (Sat)	14	8 Aug 09 10:00AM	Berwick City 2	-	<b>Peninsula</b>	Jack Thomas Reserve
SSF South 10 Joeys Green (Sat)	14	8 Aug 09 11:00AM	Mornington	-	<b>Peninsula 2</b>	Dallas Brooks Park
Boys South 11 Kangaroos Green	14	9 Aug 09 9:00AM	<b>Peninsula</b>	5 - 0	Casey Comets	Ballam Park
Boys South 11 Kangaroos Red	14	9 Aug 09 9:00AM	Bentleigh Greens	1 - 4	<b>Peninsula</b>	Kingston Heath Soccer Complex
Boys South 11 Joeys Orange	14	9 Aug 09 9:00AM	Mornington	1 - 2	<b>Peninsula</b>	Dallas Brooks Park
Boys South 11 Joeys Green	14	9 Aug 09 9:00AM	<b>Peninsula</b>	0 - 5	Brighton 2	Ballam Park
Girls Metro 12 A	14	9 Aug 09 9:00AM	Sandringham City	8 - 0	<b>Peninsula</b>	Sandringham Secondary College
Boys South 12 B	14	9 Aug 09 10:10AM	<b>Peninsula</b>	0 - 3	Doveton	Ballam Park
Boys South 12 D	14	9 Aug 09 10:10AM	Dandenong City	2 - 0	<b>Peninsula</b>	Frank Holohan Soccer Reserve
Girls Metro 11 Purple	14	9 Aug 09 10:10AM	<b>Peninsula</b>	2 - 1	Berwick City	Ballam Park
Boys South 13 A	14	9 Aug 09 11:20AM	Bentleigh Greens	7 - 1	<b>Peninsula</b>	Kingston Heath Soccer Complex
Boys South 13 D	14	9 Aug 09 11:20AM	<b>Peninsula</b>	2 - 0	Beamaris 1	Ballam Park
Girls Metro 15 B	14	9 Aug 09 11:20AM	Port Melbourne	0 - 0	<b>Peninsula</b>	JL Murphy Reserve - SS Anderson Oval
Boys South 14 B	14	9 Aug 09 12:30PM	<b>Peninsula</b>	8 - 1	Casey Comets	Ballam Park
Boys South 14 C	14	9 Aug 09 12:30PM	Endeavour Utd	2 - 0	<b>Peninsula</b>	Reema Reserve

Girls Metro 14 C	14	9 Aug 09 12:30PM	<b>Peninsula</b>	1 - 0	Keilor Wolves	Ballam Park
Boys S/E 15 Super League	14	9 Aug 09 1:45PM	<b>Peninsula</b>	0 - 4	Monash City	Ballam Park
Boys South 15 C	14	9 Aug 09 1:45PM	<b>Peninsula 1</b>	5 - 2	East Bentleigh	Ballam Park
Boys South 15 C	14	9 Aug 09 1:45PM	Rosebud	0 - 3	<b>Peninsula 2</b>	Boneo Recreation Reserve
Boys South 16 A	14	9 Aug 09 3:15PM	<b>Peninsula</b>	6 - 0	Beaumaris	Ballam Park
Girls Metro 16 B	14	9 Aug 09 3:15PM	<b>Peninsula</b>	1 - 1	Brunswick Zebras	Ballam Park

### This Week's Games - Round 15

FFV:SSF South 10 Joeys Green (Sat)	15	15 Aug 09 9:00AM	<b>Peninsula 1</b>	v	Berwick City 1	Ballam Park
FFV:SSF South 10 Joeys Green (Sat)	15	15 Aug 09 9:00AM	<b>Peninsula 3</b>	v	<b>Peninsula 2</b>	Ballam Park
FFV:SSF South 10 Joeys Red (Sat)	15	15 Aug 09 9:00AM	<b>Peninsula</b>	v	Baxter	Ballam Park
FFV:SSF South 10 Kangaroo Green (Sat)	15	15 Aug 09 9:00AM	<b>Peninsula 2</b>	v	Mornington 2	Ballam Park
FFV:SSF South 10 Kangaroo Green (Sat)	15	15 Aug 09 9:00AM	Baxter	v	<b>Peninsula 1</b>	Baxter Park
FFV:SSF South 10 Kangaroo Red (Sat)	15	15 Aug 09 9:00AM	<b>Peninsula 1</b>	v	Mornington 1	Ballam Park
FFV:SSF South 10 Kangaroo Red (Sat)	15	15 Aug 09 9:00AM	<b>Peninsula 2</b>	v	Berwick City 2	Ballam Park
FFV:Boys South 11 Kangaroos Green	15	16 Aug 09 9:00AM	Mornington	v	<b>Peninsula</b>	Dallas Brooks Park
FFV:Boys South 11 Kangaroos Red	15	16 Aug 09 9:00AM	<b>Peninsula</b>	v	Brighton	Ballam Park
FFV:Boys South 11 Joeys Orange	15	16 Aug 09 9:00AM	<b>Peninsula</b>	v	Brighton	Ballam Park
FFV:Boys South 11 Joeys Green	15	16 Aug 09 9:00AM	Brighton 1	v	<b>Peninsula</b>	Dendy Park
FFV:Girls Metro 11 Purple	15	16 Aug 09 9:00AM	Whitehorse Utd	v	<b>Peninsula</b>	Terrara Park
FFV:Boys South 12 B	15	16 Aug 09 10:10AM	Brandon Park	v	<b>Peninsula</b>	Freeway Reserve
FFV:Boys South 12 D	15	16 Aug 09 10:10AM	<b>Peninsula</b>	v	East Bentleigh	Ballam Park
FFV:Girls Metro 12 A	15	16 Aug 09 10:10AM	<b>Peninsula</b>	v	Banyule City	Ballam Park
FFV:Boys South 13 A	15	16 Aug 09 11:20AM	<b>Peninsula</b>	v	Casey Comets	Ballam Park
FFV:Boys South 13 D	15	16 Aug 09 11:20AM	Casey Comets	v	<b>Peninsula</b>	Comets Stadium
FFV:Boys South 14 B	15	16 Aug 09 12:30PM	Brighton 2	v	<b>Peninsula</b>	Dendy Park
FFV:Boys South 14 C	15	16 Aug 09 12:30PM	<b>Peninsula</b>	v	Hampton Park Utd	Ballam Park
FFV:Girls Metro 15 B	15	16 Aug 09 12:30PM	<b>Peninsula</b>	v	South Melbourne	Ballam Park
FFV:Girls Metro 14 C	15	16 Aug 09 12:30PM	<b>Peninsula</b>	v	Oakleigh	Ballam Park
FFV:Boys S/E 15 Super League	15	16 Aug 09 1:45PM	Knox City	v	<b>Peninsula</b>	Egan Lee Reserve
FFV:Boys South 15 C	15	16 Aug 09 1:45PM	<b>Peninsula 2</b>	v	<b>Peninsula 1</b>	Ballam Park
FFV:Boys South 16 A	15	16 Aug 09 3:15PM	Berwick City	v	<b>Peninsula</b>	Sweeney Reserve
FFV:Girls Metro 16 B	15	16 Aug 09 3:15PM	Baxter	v	<b>Peninsula</b>	Baxter Park

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